

# EXHIBIT 303



# Vaping 101

## What to know and What to do

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# Six Points for Teachers

## 1. Vaping's "hot", e-cigs are not.

Vapes can deliver cannabis, nicotine, or just flavored juice whereas e-cigs deliver only nicotine.

## 2. Vape devices can be hard to detect.

Some are shaped like thumb drives, fountain pens, or battery chargers.

## 3. Vape manufacturers target our students.

Flavors entice. 52% of 12th graders think vaping is "just flavoring."

From "Here's what you need to know about vaping," by Anne Rubin. *School Leaders Now*. January 17, 2018, and 5 Vaping facts you need to know by Joseph Blaha, MD, MPH, Johns Hopkins Medicine website, 2019.

# Six Points for Teachers

**4. Many teens don't think that vaping is harmful.**

As of 10/29/19: 37 deaths.  
[CDC Deaths due to vaping](#)

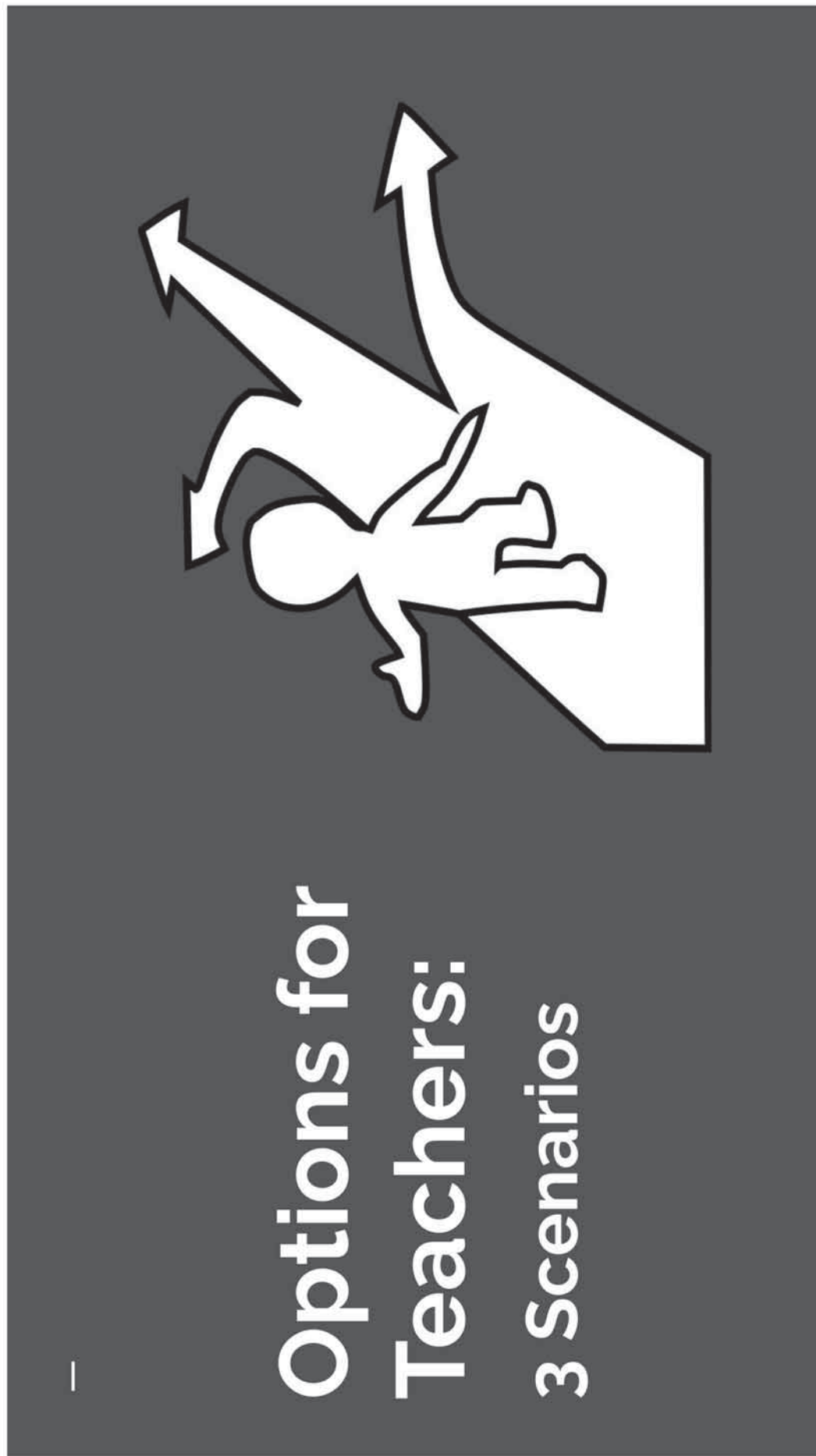
**5. Marijuana odor can be masked.**

Mask: fruity, sugary flavors.  
If a student vapes at school, you don't know what's inside the reservoir.

**6. School-wide practices work.**

Admin, Faculty, Student & Parent Leaders can harness support by School Counselors, Dean, Wellness Centers.

From "Here's what you need to know about vaping," by Anne Rubin. *School Leaders Now*. January 17, 2018.



## Scenario A: Paraphernalia

If you see a student with anything that's associated with vaping:

- Explain that item is not conducive to learning
- Attempt to confiscate paraphernalia: give to dean
  - If student refuses, dean follows up
- Dean contacts parent/caregiver (P/C)
- Dean writes referral to Wellness/Nurse



## **Scenario B: UI and unable to do classwork**

- Speak 1:1 to student about concerns and that you're offering site-based support
- Notify Dean to have student removed from class
- Dean contacts P/C
- Teacher writes Wellness online (or paper) referral

## **Scenario C: Suspect UI but does classwork**

- Speak 1:1 to student about your concern and that you're offering site-based support
- Teacher writes Wellness online (or paper) referral
- Teacher can also confer with School Counselor &/or other teachers re: suspicion



# Healthy Decisions Referral



Our motto “We CARE” means that we want our students to be healthy and learn to make healthy decisions.

You’re being referred to the Nurse because you might be using a substance that affects your physical and possibly mental health. The substance could be tobacco, cannabis, or any medication that’s not prescribed by a doctor or approved by your family.

**Expectations:**

- 7. You are to meet with the Nurse for (at least) one Session.
- 8. Your parents/caregivers (P/C) might be notified.
- 9. P/C will be notified if you are absent from the Session.

The Session is **educational, reflective, and encouraging.**

**PRINT CLEARLY**

Date of Incident                      Person Making Referral

Student Name

If known: Grade

*Please place this in Nurse’s Mailbox*

**Short, Sweet, Toxic.**

**[Real California Teens Talk about Vaping](#)**

***Today in NYT: Juul-alikes are filling  
shelves with sweet, teen-friendly  
nicotine flavors***



## : Think-Pair-Share



### **Role Playing**

Pair up. Pick a scenario A, B or C.  
Role play teacher & student. How  
did that feel?



### **Consultations?**

These encounters are awkward at  
best. Consult with colleagues. If  
you're a newer teacher, who would  
you go to? If you're a veteran  
teacher, who could you support?